

### Suffolk Junior Training Sessions 2025/26 (REVISED 5th October)

Group	Date	Time	Venue
<b>Group 1 - 2.5 Hours</b>	Sunday 31st August 2025	2.30pm - 5.00pm	Ipswich School Sports Centre (ISSC)
	Sunday 7th September 2025	2.30pm - 5.00pm	ISSC
	Sunday 14th September 2025	2.30pm - 5.00pm	ISSC
	Sunday 28th September 2025	2.30pm - 5.00pm	ISSC
	Sunday 12th October 2025	2.30pm - 5.00pm	ISSC
	Sunday 26th October 2025	2.30pm - 5.00pm	ISSC
	Sunday 16th November 2025	2.30pm - 5.00pm	ISSC
	Sunday 14th December 2025	2.30pm - 5.00pm	ISSC
	Sunday 18th January 2026	2.30pm - 5.00pm	ISSC
	Sunday 25th January 2026	2.30pm - 5.00pm	ISSC
	Sunday 8th February 2026	2.30pm - 5.00pm	ISSC
	Sunday 1st March 2026	2.30pm - 5.00pm	ISSC
	Sunday 8th March 2026	2.30pm - 5.00pm	ISSC
	Sunday 15th March 2026	2.30pm - 5.00pm	ISSC
	Sunday 22nd March 2026	2.30pm - 5.00pm	ISSC
	Sunday 12th April 2026	2.30pm - 5.00pm	ISSC
	Sunday 26th April 2026	2.30pm - 5.00pm	ISSC
	Sunday 10th May 2026	2.30pm - 5.00pm	ISSC
	Sunday 7th June 2026	2.30pm - 5.00pm	ISSC
	Sunday 5th July 2026	2.30pm - 5.00pm	ISSC
<b>Group 2 - 2.5 Hours</b>	Sunday 31st August 2025	12.00pm - 2.30pm	Ipswich School Sports Centre (ISSC)
	Sunday 7th September 2025	12.00pm - 2.30pm	ISSC
	Sunday 14th September 2025	12.00pm - 2.30pm	ISSC
	Sunday 28th September 2025	12.00pm - 2.30pm	ISSC
	Sunday 12th October 2025	12.00pm - 2.30pm	ISSC
	Sunday 16th November 2025	12.00pm - 2.30pm	ISSC
	Sunday 14th December 2025	12.00pm - 2.30pm	ISSC
	Sunday 4th January 2026	2.30pm - 5.00pm	ISSC - note later start
	Sunday 25th January 2026	12.00pm - 2.30pm	ISSC
	Sunday 8th February 2026	12.00pm - 2.30pm	ISSC

	Sunday 1st March 2026	12.00pm - 2.30pm	ISSC
	Sunday 8th March 2026	12.00pm - 2.30pm	ISSC
	Sunday 29th March 2026	2.30pm - 5.00pm	ISSC - note later start
	Sunday 12th April 2026	12.00pm - 2.30pm	ISSC
	Sunday 26th April 2026	12.00pm - 2.30pm	ISSC
	Sunday 10th May 2026	12.00pm - 2.30pm	ISSC
	Sunday 7th June 2026	12.00pm - 2.30pm	ISSC
	Sunday 5th July 2026	12.00pm - 2.30pm	ISSC
<b>Group 3 - 2 Hours</b>	Sunday 31st August 2025	10.00am - 12.00pm	Ipswich School Sports Centre (ISSC)
	Sunday 7th September 2025	10.00am - 12.00pm	ISSC
	Sunday 14th September 2025	10.00am - 12.00pm	ISSC
	Sunday 28th September 2025	10.00am - 12.00pm	ISSC
	Sunday 12th October 2025	10.00am - 12.00pm	ISSC
	Sunday 14th December 2025	10.00am - 12.00pm	ISSC
	Sunday 25th January 2026	10.00am - 12.00pm	ISSC
	Sunday 1st March 2026	10.00am - 12.00pm	ISSC
	Sunday 8th March 2026	10.00am - 12.00pm	ISSC
	Sunday 22nd March 2026	10.00am - 2.00pm	ISSC - 4 Hours to prep for ICT
	Sunday 29th March 2026	10.00am - 2.00pm	ISSC - 4 Hours to prep for ICT
	Sunday 12th April 2026	10.00am - 12.00pm	ISSC
	Sunday 26th April 2026	10.00am - 12.00pm	ISSC
	Sunday 10th May 2026	10.00am - 12.00pm	ISSC
	Sunday 7th June 2026	10.00am - 12.00pm	ISSC
	Sunday 5th July 2026	10.00am - 12.00pm	ISSC

**ADDED TO  
TRAINING PLAN**